

SUPER CHAR

Claudia's  birthday



DOWN
España

Comic book and activities
for young people

With the collaboration of:



MINISTERIO
DE ASUNTOS EXTERIORES
Y DE COOPERACIÓN

DIRECCIÓN GENERAL
DE POLÍTICA EXTERIOR Y
ASUNTOS MULTILATERALES,
GLOBALES Y DE SEGURIDAD

OFICINA
DE DERECHOS HUMANOS

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“Super Char” is the first comic book in the collection “I’ve got abilities. I’ve got rights.” It is promoted by DOWN ESPAÑA.

By reading this comic book we would like to ensure that you are aware of your rights and learn how to defend them. In 2006, the UN adopted the Convention on the Rights of Persons with Disabilities.

This Convention protects many rights for disabled people. For example, the right to live on your own and make your own decisions.

With this comic book we would like you to have fun and learn more about your rights so that you can defend them and improve your own independence.



Charlie

(Super Char)



Hello! I'm Charles, but I like everyone to call me Charlie. I'm 17 years old.

I'm a very active, observant, and generous person and I have Down syndrome.

Do you know what my secret is?

I'm capable of turning into "Super Char", able to deal with the most difficult of situations. I defend my rights without any fear.

Claudia



I'm Claudia. I'm about to turn 17. I study lots and I'm somewhat flirty.

I get along great with my brother and we have many friends in common. I love to have fun together.

George



I'm George, Claudia's brother.

I play sports, especially football, and I'm almost a professional. I love to chat and have fun with my sister.

Caesar



My name is Caesar. I'm the neighbour of Claudia and George.

Sometimes I like to tease the girls, especially Claudia. They're all crazy about me. Some think I'm a little cocky, but it's not true. I'm good looking, but what can I do about that!

Cristina



I'm Cristina, Charlie's mother.

I like to have my house looking perfect at all times: very clean and tidy. I enjoy preparing Charlie's favourite meals.

I'm always watching out for him, I think perhaps too much. Sometimes I don't realise that he isn't a child anymore.

Bertha



Hi, I'm Bertha, the mother of Claudia and George. I am kind, loving and very sociable. I like to meet with family and friends and prepare great parties.



Wow, son! You're a star. You've made your bed already and tidied everything.

Mum, please don't come in without knocking. I'm no longer a child.



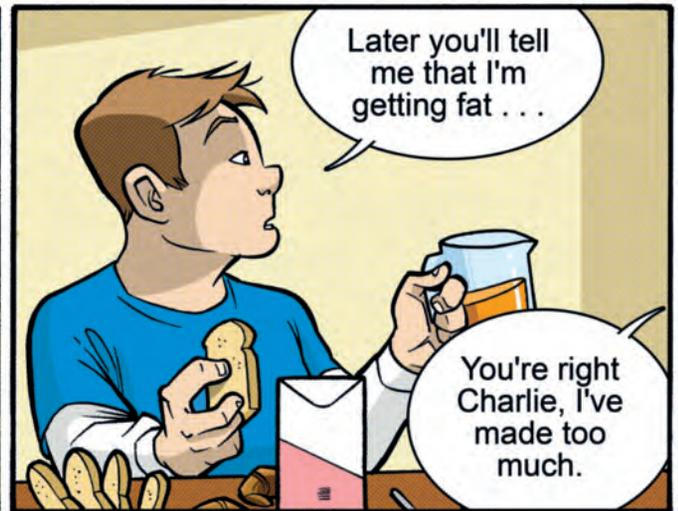
For me you'll always be my little boy.

Come on, get dressed, I'll make you breakfast.



Mum, there's food for an army.

Eat up son; you have a long school day ahead.

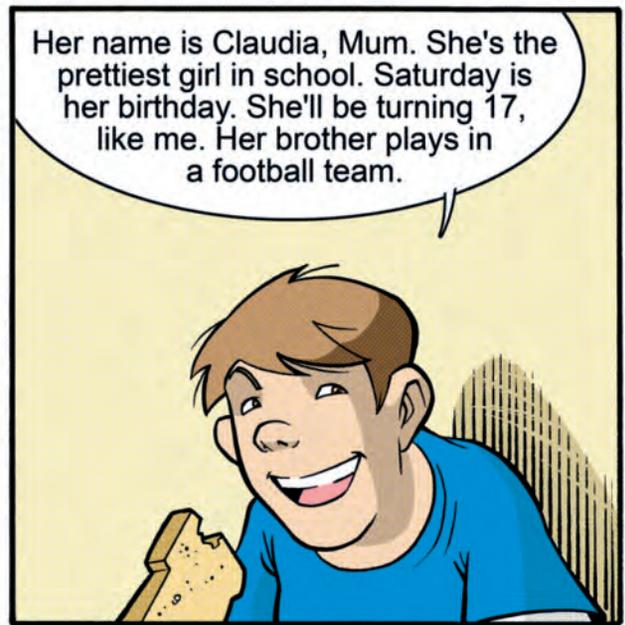
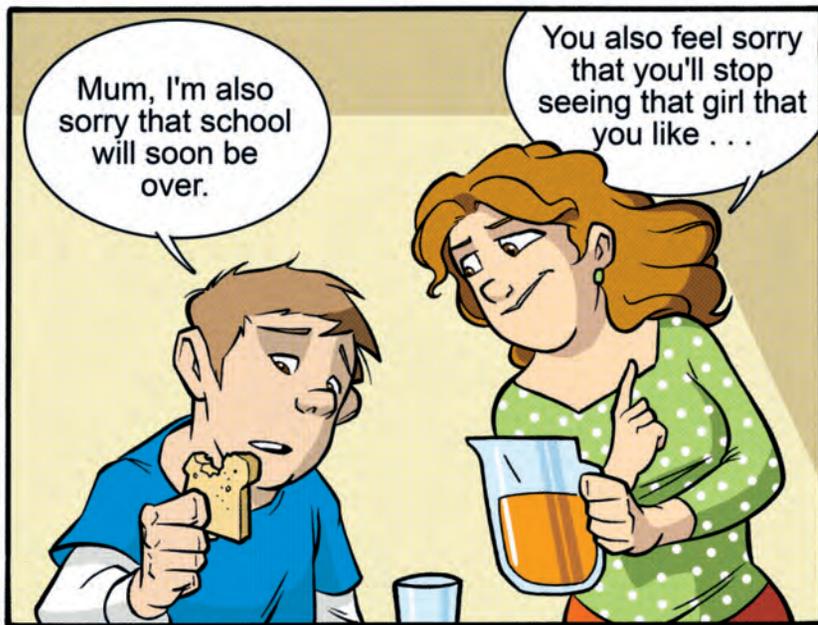


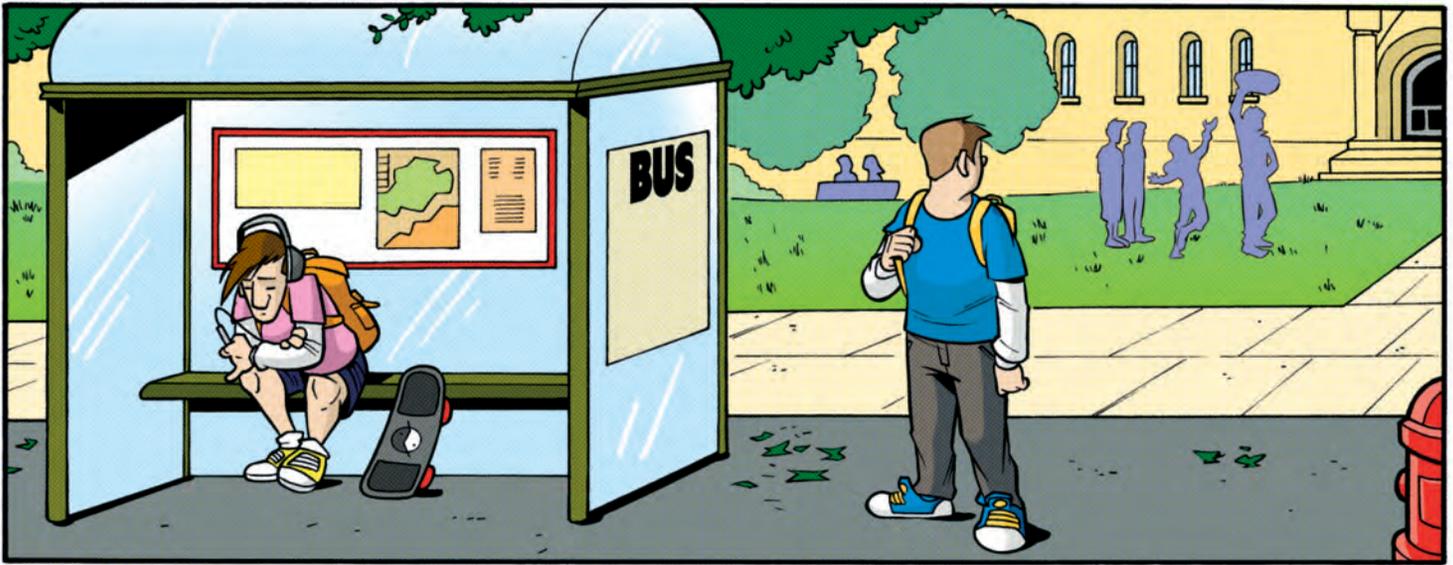
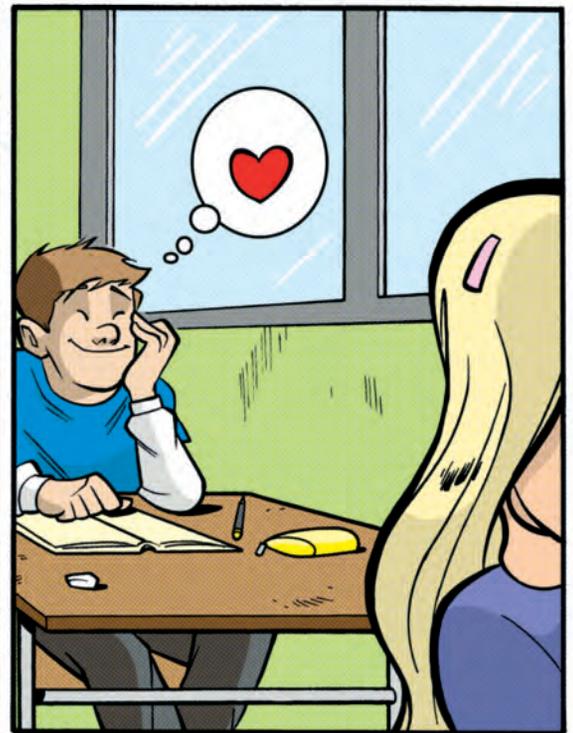
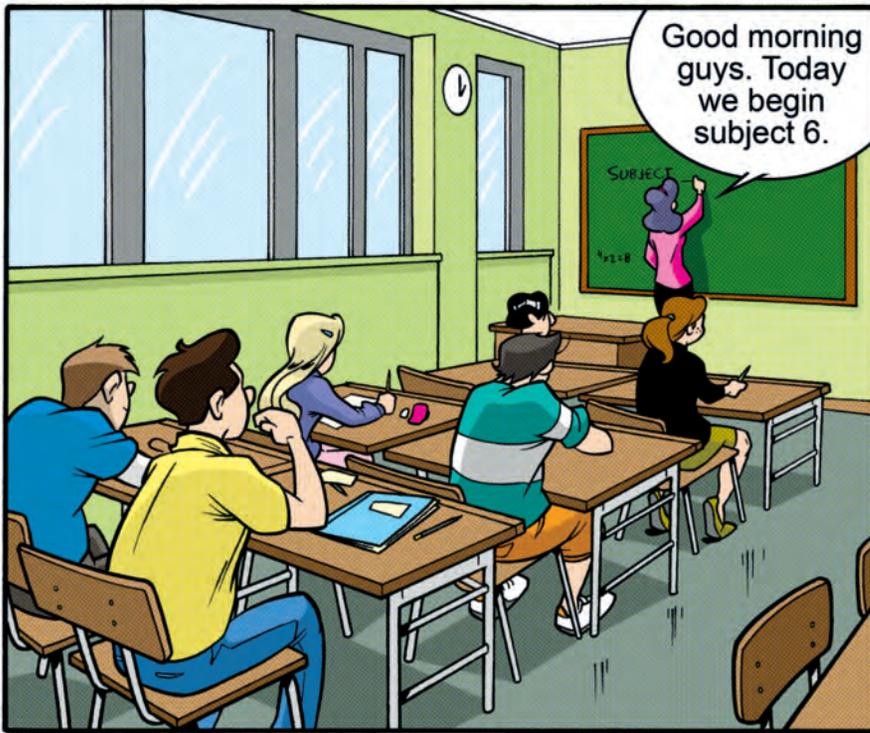
Later you'll tell me that I'm getting fat . . .

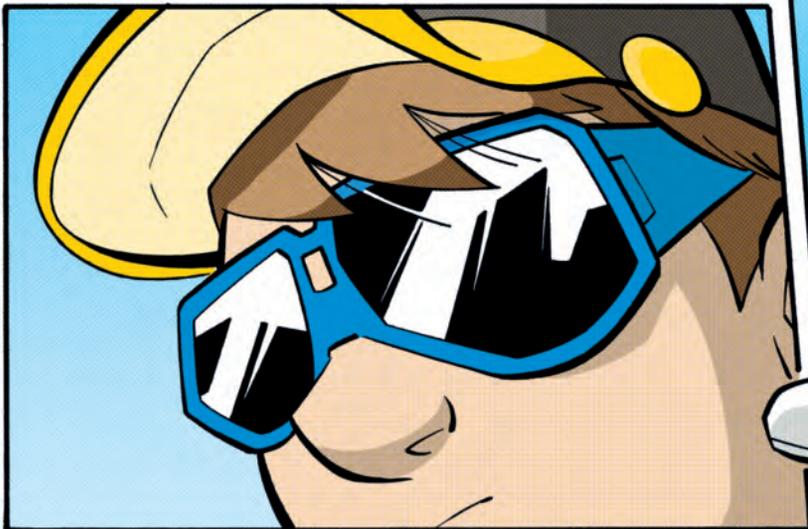
You're right Charlie, I've made too much.

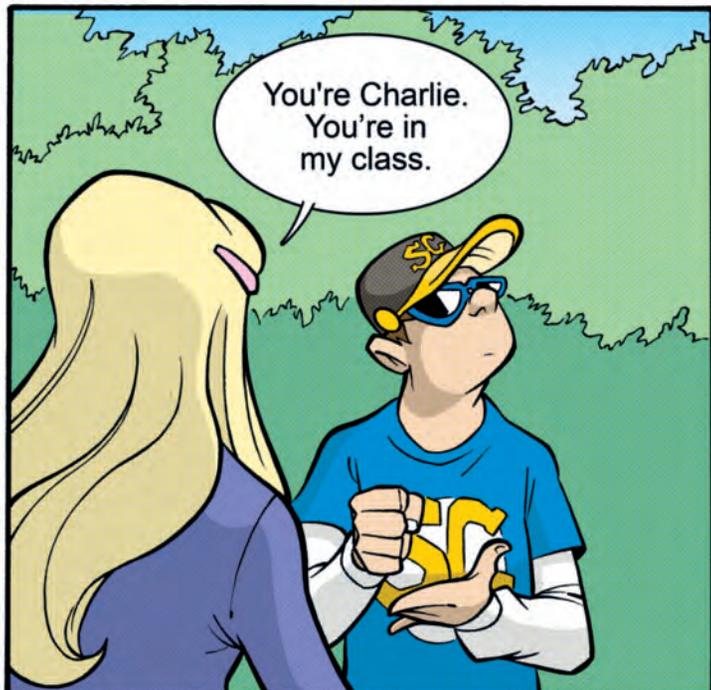


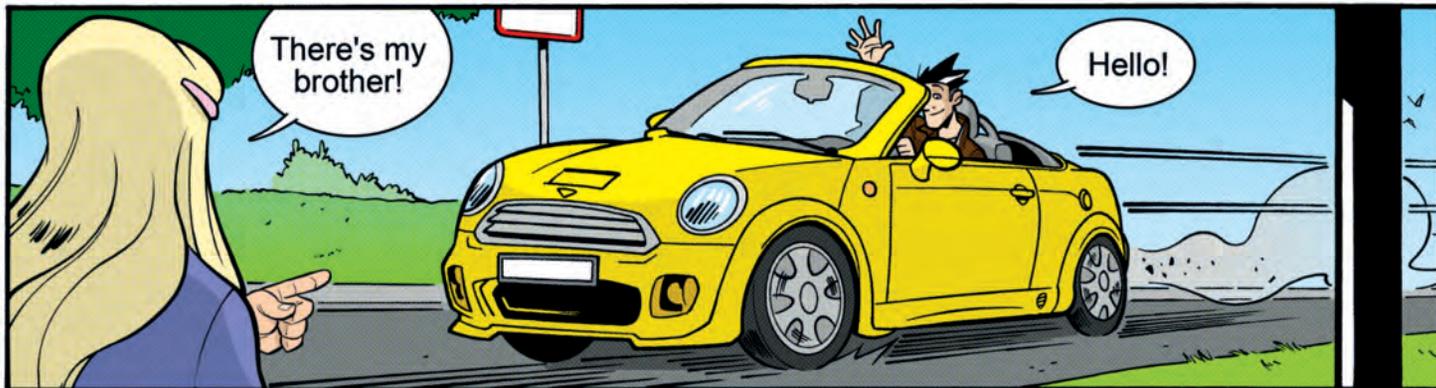
And to think that this is your last school year . . .













Try on these clothes.



I don't like them, Mum. They're very strange.



They don't look too good on you son. You need to get rid of those love handles

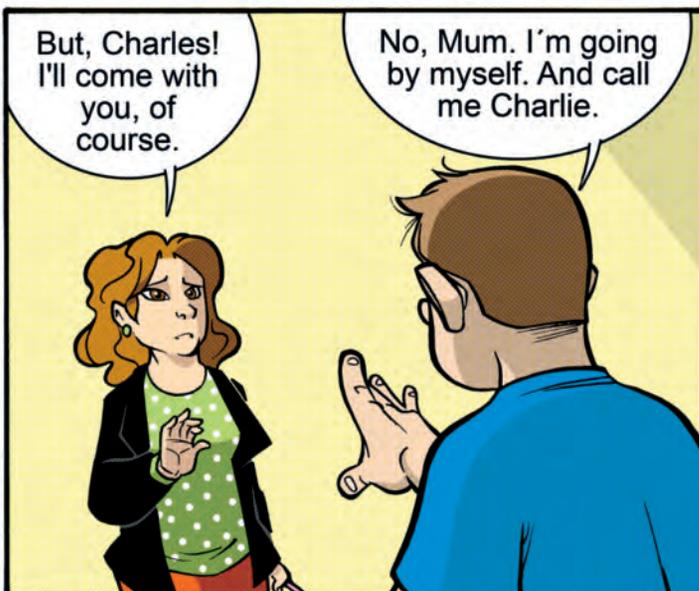


I don't know... It's not your style.



I don't like that tight shirt that you bought

Well, I like it! Take that, please keep the bags for me. I'm going to buy a gift for Claudia.



But, Charles! I'll come with you, of course.

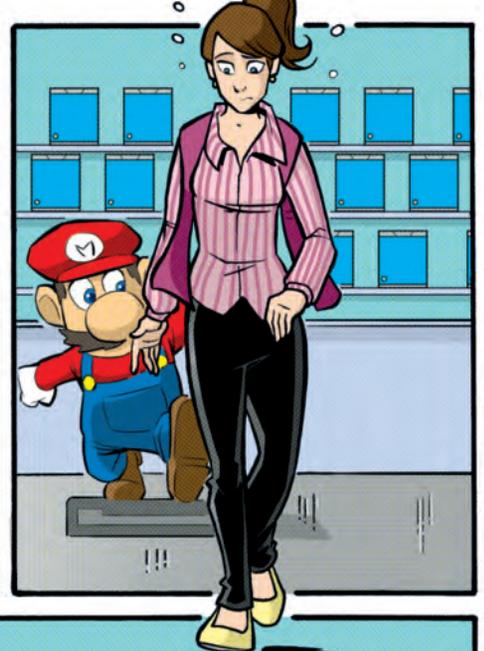
No, Mum. I'm going by myself. And call me Charlie.



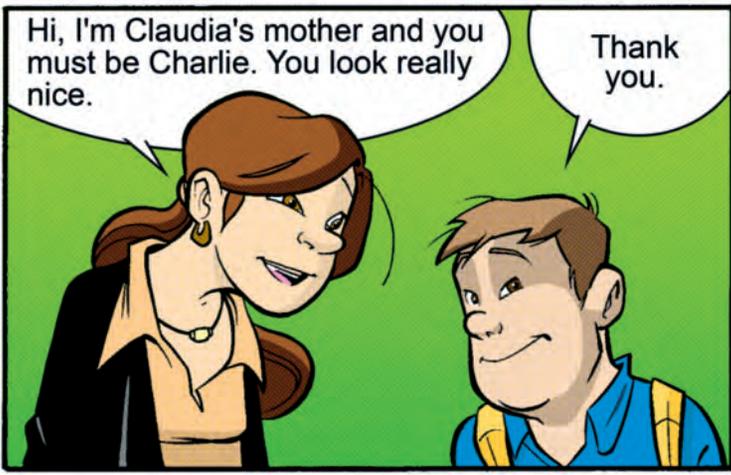
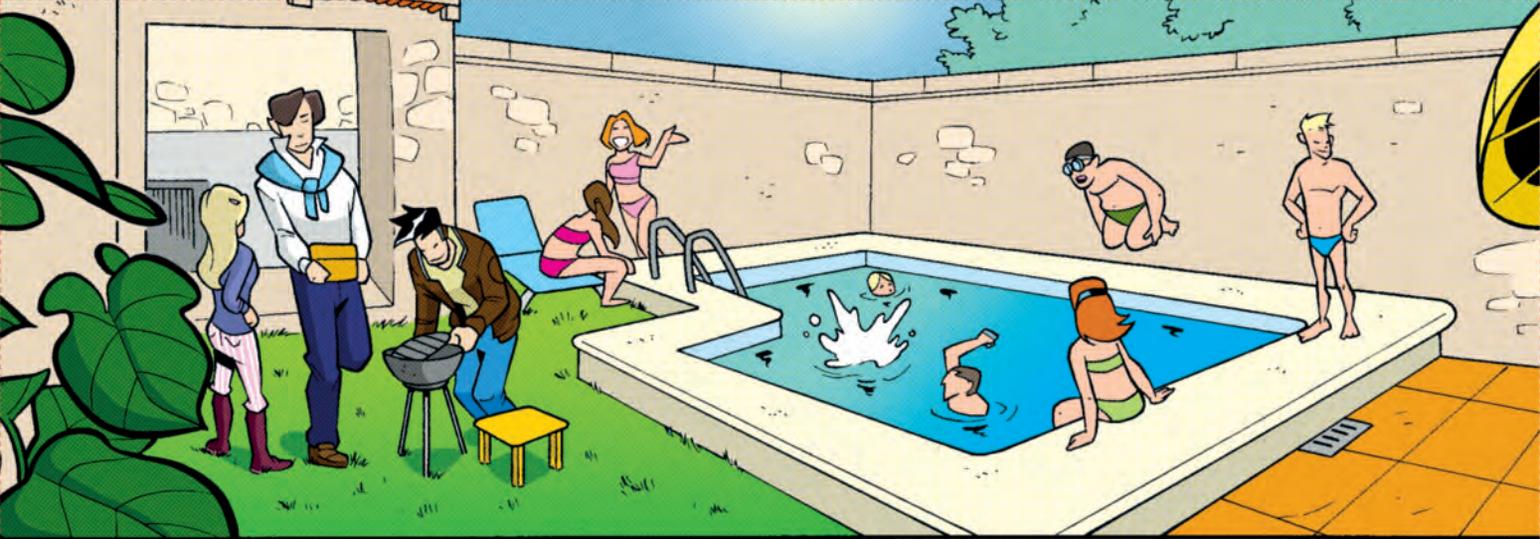
Well OK, but do you have any money?

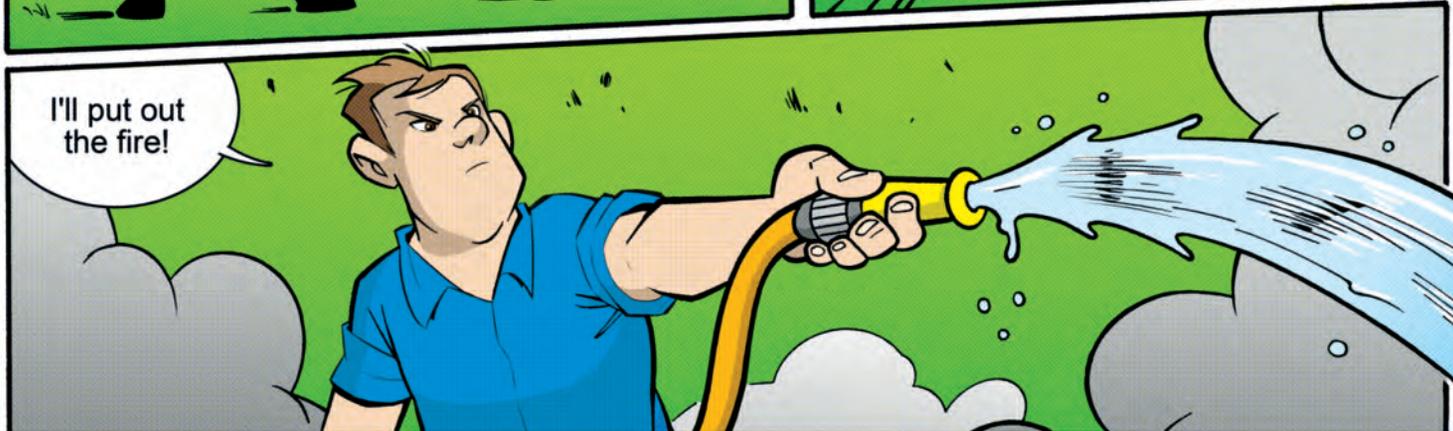
Yes, I've got money.

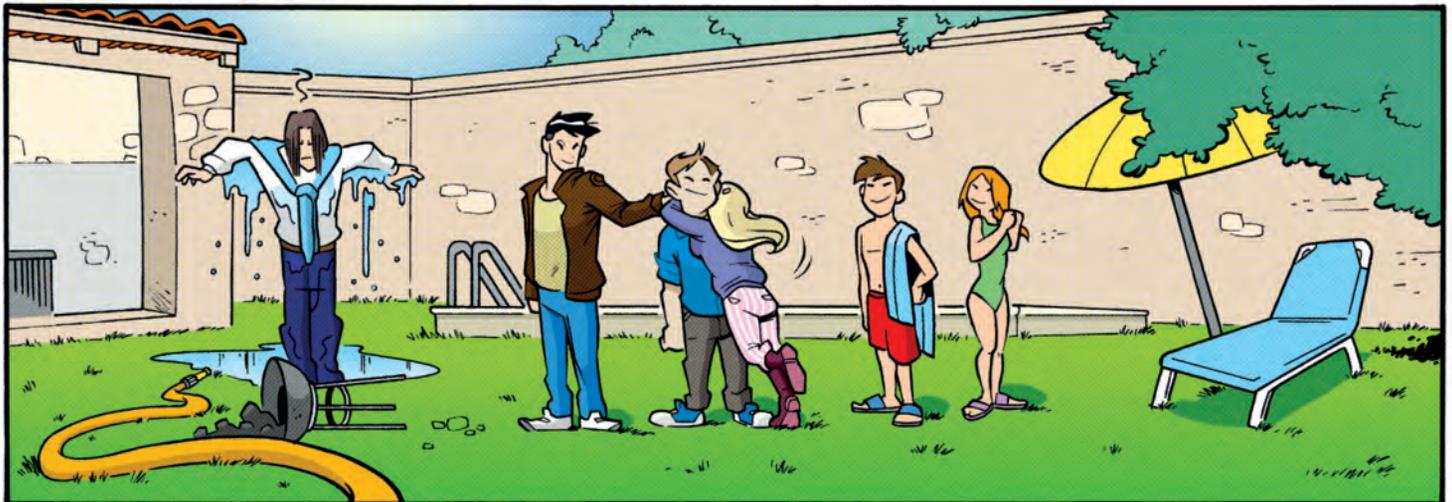
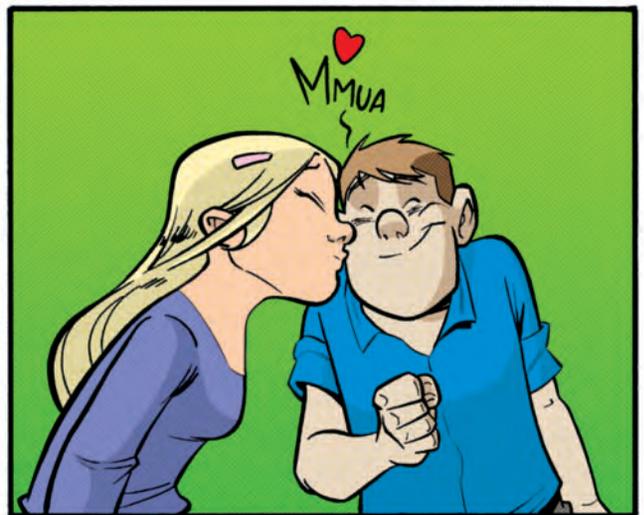
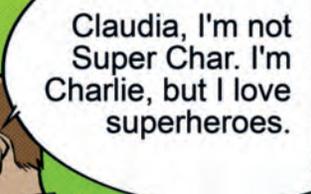
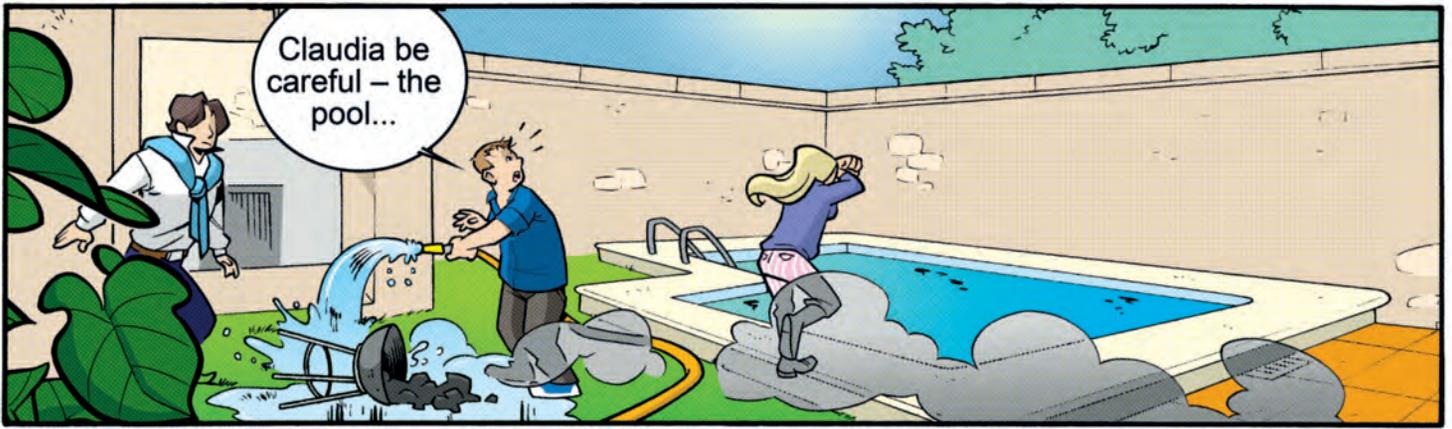
Wait for me by the shop entrance, don't come with me.













ACTIVITIES

Activity 1

Answer the following questions about the comic book

● Does Charlie like going to school? Why?

.....
.....

● What does Charlie keep in his backpack?

.....
.....

● How does Charlie feel when he becomes Super Char?

.....
.....

● How does Claudia feel when Caesar takes her backpack?

.....
.....

● Do you think that the shop assistant treats Charlie the same as other people? Why?

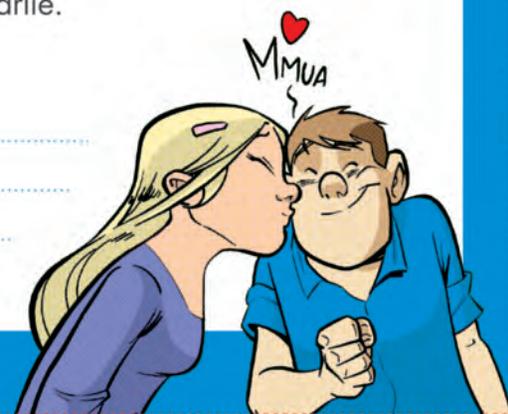
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● Friends don't listen to Charlie when he tells them not to have a barbecue.
Why do you think they should have listened?

.....
.....

● At the end of the story we discover that Claudia also likes Charlie.
What does she like most about Charlie?

.....
.....
.....



Activity 2

Complete the following sentences

Charlie

● Feels good when . . .

.....
.....
.....
.....

● Feels bad when . . .

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.....
.....
.....

How do you feel?

● I feel good when . . .

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.....

● I feel bad when . . .

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Activity 3

Read these texts

The International Convention on the Rights of Persons with Disabilities

The Convention is an agreement signed by the countries that make up the United Nations. In the agreement, the countries undertake to guarantee the rights of people with disabilities. The countries acknowledge that all people are equal before the law, and reject discrimination on grounds of disability.

Discrimination

Discrimination can occur directly or indirectly

What is direct discrimination?

This is when a person is treated the wrong way because of their disability when their rights are not acknowledged and no respect is shown to them.

For example:

I cannot withdraw money from a bank.
The banker says that I cannot because I have a disability.

What is indirect discrimination?

This is allowing barriers or difficulties to be in place. People with disabilities do not enjoy the same rights as other people.

For example:

I cannot withdraw money from a bank.
The cashier has complicated instructions for me.



Activity 3

Answer the following questions

Awareness by society
(Article 8 of the Convention)

- How would you like to be treated when you walk into a shop?

.....
.....
.....

The right to live independently and be included in the community
(Article 19 of the Convention)

- Do you take part in any leisure activity with people without disabilities?
Mark with an X

YES NO

- Which one?

.....
.....
.....
.....

- Have you ever not been allowed to enter into a place because you have a disability?

YES NO

- If they don't let you in, what would you do?

.....
.....
.....
.....



Activity 3

Answer the following questions

Freedom of expression and opinion and access to information
(Article 21 of the Convention)

- When something is being decided, is your opinion taken into account?

YES NO

- Do you remember a time when your opinion was not taken into account? When?

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With regard to privacy
(Article 22 of the Convention)

- Have you ever felt that your privacy or intimacy is not respected?

YES NO

- When is there no respect for your privacy?

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Activity 4

Read this text

On World Down Syndrome Day, some young people wrote:

Respect my space and privacy: they are important to me.

If you'd like to know something about me, talk to me first.
I feel terrible when you ask people things
that I should be answering.
Even if I'm still a child, I also know how to answer.
And, if I'm an adult . . . please don't treat me like a child.
Would you like people to treat you like that?

I have friends and family like you.
I, like them, ask for respect.
If you discriminate against me, you not only hurt me
you also hurt all those who love and support me.
And, as you do, I like to look after them and make them happy.

I have dreams and projects that I want to carry out.
It's possible that I may need a little support to achieve this.
If so, please help me.

I like to follow fashionable trends, wear nice clothes and feel attractive.
Why do ads never feature kids with Down syndrome?
I feel good just as I am.

I have sexuality and I enjoy it.
I want the same things as you. Are you surprised?

Let me choose for myself.
I have a right to make my own decisions.
Please help me to decide . . . if I ask. Do not manipulate me.

Would you like to add your own sentence?

.....

.....

.....

Collection: I´ve got abilities. I´ve got rights.

Super Char

Claudia's birthday



www.sindromedown.net
www.mihijodown.com
www.centrodocumentaciondown.com
www.chefdown.es

ANDALUCÍA: DOWN ANDALUCÍA · DOWN ALMERIA-ASALSIDO · ASODOWN · ASPANRI-DOWN · DOWN BARBATE-ASIQUIPU · BESANA-ASD CAMPO DE GIBRALTAR · DOWN CADIZ-LEJEUNE · CEDOWN · DOWN CORDOBA · DOWN EL EJIDO · DOWN GRANADA · DOWN HUELVA-AGNES · DOWN HUELVA VIDA · DOWN JAEN Y PROVINCIA · DOWN JEREZ-ASPANIDO ASOCIACIÓN · DOWN JEREZ-ASPANIDO FUNDACION · DOWN MALAGA · DOWN RONDA Y COMARCA-ASIDOSER · ASD DE SEVILLA Y PROVINCIA **ARAGÓN:** DOWN HUESCA · DOWN ZARAGOZA **ASTURIAS:** DOWN PRINCIPADO DE ASTURIAS **BALEARES:** ASNIMO · FSDIB-FUNDACIÓN SD ISLAS BALEARES · DOWN MENORCA **CANARIAS:** DOWN LAS PALMAS · DOWN TENERIFE-TRISÓMICOS 21 **CANTABRIA:** FUND. SD DE CANTABRIA **CASTILLA Y LEÓN:** DOWN CASTILLA Y LEÓN · DOWN ÁVILA · DOWN BURGOS · DOWN LEÓN-AMIDOWN · ASD DE PALENCIA · DOWN SALAMANCA · DOWN SEGOVIA-ASIDOS · DOWN VALLADOLID · ASD DE ZAMORA · FUNDABEM **CASTILLA LA MANCHA:** DOWN CASTILLA LA MANCHA · dDOWN VALDEPEÑAS · DOWN CIUDAD REAL · DOWN CUENCA · DOWN GUADALAJARA · DOWN TOLEDO **CATALUÑA:** DOWN CATALUNYA · DOWN SABADELL-ANDI · DOWN GIRONA-ASTRID 21 · DOWN LLEIDA · DOWN TARRAGONA · FCSD · FUNDACIÓN CATALANA SD · FUNDACIÓ PROJECTE AJRA · FUNDACIÓN TALITA **CEUTA:** DOWN CELUTA **EXTREMADURA:** DOWN EXTREMADURA · DOWN BADAJOZ · DOWN CÁCERES · DOWN DON BENITO-VILLANUEVA DE LA SERENA · DOWN MÉRIDA · DOWN PLASENCIA · DOWN ZAFRA · FUNDHEX · IBERDOWN DE EXTREMADURA **GALICIA:** DOWN GALICIA · DOWN COMPOSTELA · FUNDACIÓN · DOWN CORUÑA · DOWN FERROL-TEIMA · DOWN LUGO · DOWN OURENSE · DOWN PONTEVEDRA-XUNTOS · DOWN VIGO **MADRID:** APADEMA · FUNDACIÓN APROGOR · FUNDACIÓN PRODIS · CEE MARIA CORREDENTORA **MURCIA:** ÁGUILAS DOWN · ASIDO CARTAGENA · ASSIDO MURCIA · DOWN MURCIA-AyNOR · FUNDOWN **NAVARRA:** DOWN NAVARRA **PAÍS VASCO:** AGUIDOWN · DOWN ARABA-ISABEL ORBE **LA RIOJA:** DOWN LA RIOJA-ARSIDO **COMUNIDAD VALENCIANA:** DOWN ALICANTE · ASOCIACIÓN SD DE CASTELLÓN · FUNDACIÓN SD CASTELLÓN · ASINDOWN ASOCIACIÓN · FUNDACIÓN ASINDOWN

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